Whatever Youth Program (example Syllabus only)

2018-19 School year

# Program information

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Program location | **Any school Middle School** | Start and End dates | 10/1/18 – 6/15/19 | |
| **Days of operation** | M, T, W, Th, F, Sat, Sun | **Total # of weeks** | 31 | |
| **Hours of operation** | 2:15pm-5:30pm | **Total # of days (180 in school year)** | | 117 |

# Program Information

## Description

*Exercise the Right Choice* provides academic support with youth development activities during the school year. The core program elements consist of enriching hands-on activities that are anchored in literacy and numeracy but delivered in fun and engaging ways. Programming begins with a healthy snack and 30-minutes of homework period, followed by a variety of activities for youth to choose from: recreation, hands-on science activities, cultural sessions and workshops, and community service projects. There is also a scheduled number of planned family celebrations where youth and families come together to participate in activities and dinner is provided.

## Learning Objectives

The learning objectives for the program is to provide intentional enrichment opportunities that support academic learning while fostering age-appropriate development of knowledge, attitudes, and skills to help them succeed in school into adulthood. Program practices are based on *National Association of After School Core Knowledge and Competencies for After School.*

# Program Schedule

| Week | Topic | Focus | Type |
| --- | --- | --- | --- |
| Week 1 | Introduction to the Program | Program orientation – norms, review handbook | class |
| Week 2 | Into to Music | What is Music, and how does it affect you? | class |
| Week 3 | Movement | Understanding movement | workshop |
| Week 4 | Choreography | Organized movement - Motown | Guest Speaker |
| Week 5 | Theater performance | Critical observation | Field trip |

# Parent Workshops

| Date | Subject |
| --- | --- |
| March 2, XXXX | Cyber Safety |
| April 15, XXXX | Youth performance |
| June 27, XXXX | End of year celebration |

# Additional Information and Resources